



Food and Agriculture  
Organization of the  
United Nations



IPROMO

# Guide for participants



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# Course overview 2025

**Course dates:** 23 June - 8 July 2025

**Locations:** Pieve Tesino and Ormea, Italy

**Language of instruction:** English

**Theme:** Glaciers: understanding, preserving and adapting to climate change

**About IPROMO:** This annual training programme on sustainable mountain development is jointly organized by the Mountain Partnership Secretariat at the Food and Agriculture Organization of the United Nations (FAO); the University of Turin, Italy; the University of Tuscia, Italy; and the National Research Council - Research Institute for Hydrogeological Prevention and Protection, with the high patronage of the Italian Ministry of Foreign Affairs.



# Arrival information

**Meeting point:** Trento Train Station Lobby, Piazza Dante, Trento

**Meeting time:** 23 June 2025 (between 13:00–15:00 hrs)

## Emergency contacts:

- Danilo Godone, Scientific Director and Chair: +39 3484524921
- Michele Freppaz, Scientific Director: +39 3479174528
- Federico Moresi, Course manager: +39 3287462102
- Antonella Sorrentino, Course manager and logistics: +39 3669052075

The course will run from 23 June when participants will gather at Trento Station, to 8 July at 13:00 hrs. Before and after those dates, all accommodation, transports and meal costs will not be covered by the organizers.

**Important note:** Participants are required to attend the entire course. Late arrival and early departure will not be accepted.



# Flying to/from Italy

We suggest that you arrive and depart from the **MILANO MALPENSA AIRPORT (MXP)**, located about 3 hours from Trento and well connected by trains.

**Getting to Trento from Milano Malpensa:** There are frequent trains from Milano Malpensa to Trento. Please note that in general two changes of trains are required (in Milano Centrale and in Verona). The ticket costs about €20-€30. For train timetables: <http://www.trenitalia.com/en.html>

Flixbus is also available from the Malpensa Airport to Trento. Please note that transport costs from Milano Malpensa to Trento must be covered by participants.

**Transport from Trento to Pieve Tesino:** On 23 June, a bus will take all participants from the Trento Station to Pieve Tesino. The departure will be around 15:30. Please note there is a luggage storage available in Trento Station if you arrive earlier. Please notify the organizers if you will arrive later than 15:00.

**Transport from Ormea to Malpensa Airport:** On the last day, after the closing ceremony, a bus will drive all participants directly to Malpensa Airport.





# Immigration and visas

If you require a visa to enter Italy, please send a scanned copy of your passport to [antonella.sorrentino@fao.org](mailto:antonella.sorrentino@fao.org). The Mountain Partnership Secretariat will issue an invitation letter and contact the appropriate consulate to support your request if necessary.

For a list of countries whose citizens are subject to visa obligations, [click here](#). All visa fees must be covered by the participants.

If you arrive in Italy from another Schengen country, your registration at the reception of a hotel or staying facility of the university is valid as a Permit to Stay. If you arrive in Italy directly from your country (outside the European Union), the immigration stamp on your passport is valid as a Permit to Stay (duration depending on your visa).





# Health and travel insurance

Participants should be in good physical condition and have the capacity to adapt; these are prerequisites for the high altitudes and outdoor activities of IPROMO.

If you have specific health problems (e.g. headaches, allergies, etc.), do not forget to bring your medications with you.

Participants are responsible for arranging their own insurance, covering accidents/health problems during the trip and stay, prior to arriving in Italy. All insurance fees must be covered by the participants.



# Meals and accomodations

Participants will be hosted in guesthouses and simple hotels and will have to share the rooms with other participants from the same gender. Single rooms are not available. Courtesy, flexibility, hygiene and adaptation are required. WiFi connection will be available.

Bed linens and towels will be provided for participants throughout the course, therefore sleeping bags are not needed.

Meals will be served buffet style to ensure that participants have a variety of food options to choose from, including vegetarian dishes. **However, please note that Halal food will not be available.**

If you have strict dietary restrictions, we advise you to bring your own food since we will not be able to provide for special dietary needs.





# What to pack

Italy is warm in the summertime. However, as the course will take place in mountainous areas with field trips reaching high elevations, we suggest that you pack for all types of weather and temperatures - ranging from sunshine to rain, and 25–35°C during the day to about 10°C at night.

The best thing to do is to check the forecast before travelling to Italy. Look up Pieve Tesino, Ormea and Gressoney La Trinité and be your own judge.

## Things to bring

Avoid bringing unnecessary clothes, as it will make transportation more complex. Bring only what is essential for the two-week stay. No formal clothes are needed.

We strongly suggest you bring the following items:

- Sunblock, essential for high altitudes
- Sunglasses
- Hat (for protection against sun and cold winds)
- Rain/winter jacket
- Hiking boots and comfortable shoes (no high heels)

Other things to bring:

- Laptop
- Adaptor for Italian plugs (electricity in Italy is 220 volts) and chargers
- Pocket money (Euros €)

# Personal presentation

Using the template shared with you by the summer school chairperson, please prepare a 5-minute PowerPoint presentation on your professional or research work in mountain environments.

## Group project

During the course, participants will be placed into groups to develop a project together. The project can be on any mountain related topic of your choice. Please use the content presented and discussed in the course to develop your presentation.

The final projects should be approximately 15 minutes each and will be presented on the last day of the course, ahead of the diploma ceremony. Creativity is encouraged!

For any questions on the requirements, please refer to the IPROMO course chairperson.